

NURTURING OUR SELF-EFFICACY SKILLS TO ACCOMPLISH OUR GOALS!

Directions: Ask your partner the following questions.

WHEN WAS A TIME
WHEN YOU FELT
SUCCESSFUL?

A black vertical post supports a yellow sign with a black border and a black arrow pointing to the right. The word "SUCCESS" is written in bold, black, uppercase letters on the sign.

SUCCESS

DESCRIBE THE
MOMENT (WHERE
WERE YOU, WHAT
WERE YOU
DOING, ETC.).

**HOW DID THIS
MOMENT FEEL?**

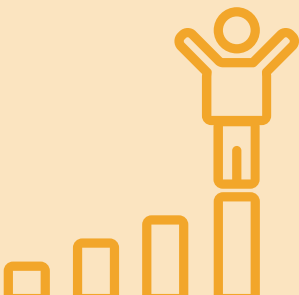


A large, empty white rectangular box with rounded corners, intended for writing a response to the question above.

**WHAT DO YOU
BELIEVE ABOUT
YOURSELF BASED
ON THIS PAST
SUCCESS?**

A large, empty white rectangular box with rounded corners, intended for writing a response to the question above.

**WHAT IS A GOAL
THAT YOU WOULD
LIKE TO ACHIEVE
IN THE FUTURE?**



A large, empty white rectangular box with rounded corners, intended for writing a response to the question above.