



## 2020 - 2021 SAMPLE SEL TEACHING CALENDAR

SEPTEMBER 2020: Mind Matters					
❖ TSI <ul style="list-style-type: none"> <li>■ Manage disappointment in an age-appropriate way</li> </ul>		❖ CASEL <ul style="list-style-type: none"> <li>➢ Self-Awareness &amp; Self-Management               <ul style="list-style-type: none"> <li>■ Identifying Emotions</li> <li>■ Impulse control</li> </ul> </li> </ul>			
<b>Curriculum focus:</b> This month focuses on Mindset. Each lesson is designed to develop skills in the areas of growth mindset, grit (or perseverance) and understanding how the brain develops			<b>Therapist Groups:</b>  Reminder Cards:		
<b>Week 1</b> August, 31st - September, 4th	31st  <b>Lesson - Hook</b>  K-AM: Inside-Out Movie Clips  K-PM-2: Your Brain is Like a Muscle  S-2: Character Strengths Assessment	1st  <b>Activity</b>  K-AM: Inside-Out Characters  K-PM: Therapist Grp. 1&2  S-3: What is Neuroplasticity?	2nd  <b>Mid-week check for            understanding</b>  K-AM : Role play  K-PM-3: Meet The Parts of Your Brain  S-4: Your Brain is Plastic	3rd  <b>Activity - Practice</b>  K-AM: Respond to mid-week check (additional learning)  K-PM-4: The Neuron Galaxy  S-5: Therapist Grp 3&4. How Brains Are Built	4th  <b>Check for            understanding/Awards</b>  K-AM: Review different emotions from the week  K-PM: Awards  S: Life skills Friday or Character Education
<b>Week 2</b>	7th	8th	9th	10th	11th

September, 7th - 11th	No School	<b>Activity</b>  <b>K-AM:</b>  <b>K-PM-5: Grow Your Brain</b>  <b>S-6: The Teenage Brain Explained</b>	<b>Mid-week check for understanding</b>  <b>K-AM:</b>  <b>K-PM-6: Your Fantastic, Elastic Brain</b>  <b>S-7: Test Your Mindset</b>	<b>Activity - Practice</b>  <b>K-AM:</b>  <b>K-PM-7: Challenges Grow Your Brain</b>  <b>S-8: Growth Mindset Video</b>	<b>Check for understanding/Awards</b>  <b>K:AM:</b>  <b>K-PM: Awards</b>  <b>S-9: Awards &amp; The Power of Yet</b>
Week 3 September, 14th - 18th	14th	15th	16th	17th	18th
	<b>Lesson - Hook</b>  <b>K-AM:</b>  <b>K-PM-8: Ned's Brain Poem</b>  <b>S-10: The Power of Yet</b>	<b>Activity</b>  <b>K-AM:</b>  <b>K-PM-9: Measure of Mindset</b>  <b>S-11: Embrace the Shake</b>	<b>Mid-week check for understanding</b>  <b>K-AM:</b>  <b>K-PM-10: The Power of Yet</b>  <b>S-12: How You Can Change Your Mindset</b>	<b>Activity - Practice</b>  <b>K-AM:</b>  <b>K-PM-11: You Can Learn Anything</b>  <b>S-13: Learner vs. Judger</b>	<b>Check for understanding/Awards</b>  <b>K-AM:</b>  <b>K-PM: Awards</b>  <b>S-14: Awards &amp; Perseverance Poster</b>
Week 4 September 21st - 25th	21st	22nd	23rd	24th	25th
	<b>Lesson - Hook</b>  <b>K-AM:</b>  <b>K-12: The Growth Mindset Song</b>  <b>S-15: Growth Mindset: What is Behind Success</b>	<b>Activity</b>  <b>K-AM:</b>  <b>K-13: The Magic of Mistakes</b>  <b>S-16: Through Someone Else's Eyes</b>	<b>Mid-week check for understanding</b>  <b>K-AM:</b>  <b>K-14: The Girl Who Never Made Mistakes</b>  <b>S-17: Addiction to Cell Phones Costs People's Lives</b>	<b>Activity - Practice</b>  <b>K-AM:</b>  <b>K-15: Paper Bag Stories</b>  <b>S-18: Social Media is Changing Your Brain</b>	<b>Review</b> <b>Monthly Awards</b> -Weekly -Transportation -Badges -Award?